Enriching experiences beyond all boundaries

In 1963 they were relocated and worked as a quartermaster. From 1949 to 1963 his family was following year.

1948. Harold married his wife the Squad where he remained until transferred to the Armoured Car

in the hospitals in 1946 under

Japanese POW camps. He was

Harold was initially recruited in

the Anzac Day March in Tamworth old grandfather Harold Murray for

members Holly joined her 90 year

25th April is a national day

Anzac Day March

Willy Jeep, waving to the crowds.

It was great to see the turn out of people that paid their respects to our fallen soldiers and Harold seemed to enjoy the ride in the Willy Jeep, waving to the crowds.

Anzac Day March

here to Tamworth where he was stationed as a warrant officer.

It was great to see the turn out of people that paid their respects to our fallen soldiers and Harold seemed to enjoy the ride in the Willy Jeep, waving to the crowds.

Scrumptious Anzac biscuits!

Ingredients (Serves 4)

150g plain flour
90g rolled oats
85g desiccated coconut
165g brown sugar
125g butter
2 tablespoons golden syrup
1 teaspoon bicarbonate soda
2 tablespoons water

Method

1. Preheat the oven to 160ºC or 140ºC fan-forced.
2. Line two baking trays with non-stick paper.
3. Sift flour into a large bowl. Stir in oats, coconut and brown sugar.
4. Put butter, golden syrup and 2 tablespoons of water in a small saucepan. Stir over a medium heat until melted. Stir in the bicarb soda. Pour butter mixture into flour mixture and stir until combined.
5. Roll level tablespoons of mixture into balls. Place on the trays, about 5cm apart.
6. Press with a fork to flatten slightly. Bake for 10-12 minutes or until golden brown.
7. Set aside on the trays for 5 minutes, then transfer to a wire rack so it cools completely.

Recipe courtesy of taste.com.au

We are fortunate in the New England North West and South Darling Downs QLD to have community owned not-for-profit providers that genuinely care about the futures of rural and regional communities.

We are surrounded by like-minded, passionate, and highly knowledgeable people in our industry, right here in our region and together we are always looking for better ways to deliver quality services, in the most efficient and effective ways, that keep people and our communities at the centre of our endeavours.

In today’s world where customer-centric services are expected – we understand the importance of adopting new approaches that ensures high-quality, tailored services for older people, helping them to remain active and connected to their communities.

Not only do we deliver critical care services for older people, your not-for-profit providers support people to remain in their communities with family and friends; we create jobs and generate opportunities for other businesses in the area at the same time alleviating some of the pressure on our local public health system by delivering important and vital services to older people who may not need hospitalisation but who do need higher levels of care. Imagine if we did not exist in our local areas?

The inevitable outcome would be an increased pressure on local health services and hospitals and significant impact on our local businesses, if our rural aged care providers were unable to continue delivering vital and quality services in our communities through our Residential and Home and Community Care Services.

Appropriate funding and delivery of aged care services is a vital issue in every community, particularly in rural and remote areas. Workforce training, enhanced dementia care, and continuous improvement to achieve quality service provision requires significant funding and investment into our aged care industry. We recognise and understand that our Government is constrained in its ability to increase the financial support to aged care providers so we must work together as communities. This will allow us to work with Government to ensure we can grow and are able to operate sustainably to meet the needs and expectations of older people in our regions.

We’ve been driving rural aged care for over 30 years and we encourage our local communities to trust and believe in your local providers who play an important part in Australia’s economy and more importantly strengthening our rural and regional communities.

It’s important that you keep engaged with us so that we can provide the best quality aged care for all of clients and residents on a professional and personal level right here on your doorstep.
Are you ready for the flu season?

If you are over 65 don’t forget to get your free flu shot!

More than 90 per cent of the 1,100 flu related deaths in 2017 were by people over 65 years of age. New vaccines – Fluvax® and Fluzone High Dose® – have been registered in Australia to specifically provide increased protection for people aged 65 years and older.

From April 2018, both vaccines will be available through the National Immunisation Program.

To minimise the risk of infection to our clients McLean Care® provides all aged care workers the opportunity to be properly vaccinated against the flu. Contact your local doctor or participating pharmacy to ensure you are ready for this year’s flu season.

Getting together behind a great cause

Each year our Inverell staff support our local Relay for Life event to help raise money for a worthy cause.

Our target this year was $4000, so we are a little chuffed that we topped this with our grand total of $4022. A big thank you to our team and everyone who supported our fundraising activities below.

- We provided the Bacon and Egg breakfast on Saturday morning, which was welcomed and well supported by all of the Relay participants.
- Our very own Alana was crowned the Miss Relay 2018
- The winner of the M&M competition was Tenna Myler who guessed 2225 (closest to correct answer of 2183)
- Wood Raffle Winner, Krystal Whitton
- Team of the week: Under 15s
- Anthony Gough the Mr Relay 2018

A proud history of getting the job done

With over 100 years of combined community service, Oakey’s CWA House is full of life with its new custodians

The QCWA Oakey branch has a long and proud history of “getting the job done” in supporting their local community. One such success story is CWA House, the aged care facility built by QCWA Oakey in 1978, and the remaining CWA facility operating in Queensland.

Lois Speed followed the passion and faith of her mother-in-law, Marie Speed, who, with a warm and wonderful heart, and a “seize the day” attitude, led the QCWA and inspired the creation of CWA House in support of elderly women who found themselves isolated and in need of comfort, safety and security.

“I have been very fortunate to have come from such a strong family background, where hard work and determination were the hallmarks of everyday life.” said Lois.

Using the proceeds of the sale of Oakey Hospital in 1966, and with a capital grant to build, CWA House opened its doors in 1978, with Commonwealth licenses for 16 beds, run by 2 staff.

With ongoing Commonwealth funding and CWA support and commitment, CWA House grew to today’s 40-bed facility, with 55 staff, offering permanent and respite accommodation to our seniors living across the Darling Downs.

In an era of regulation and litigation, and dwindling numbers for the association, the decision was made to sell CWA House in 2017, and the Management Committee sought expressions of interest.

“That’s QCWA certainly still has great spirit, but with economic pressures, and women needing to be in the workforce, our numbers have suffered. We felt that our best course of action was to find a suitable provider to continue the wonderful work that QCWA had started” continued Lois.

In June 2017, McLean Care® of Inverell NSW became the new custodians of CWA House. “When looking at possible providers to take on CWA House, it was very important to us that they had a strong history of service to their own community. Between us, we have over 100 years of combined community service.”

What does the McLean Care® workforce look like?

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Electric Vehicle Expo National Transport Museum Inverell
17-20th May
Currabubula Art Show
28th May – 10th June
NCHA Futurity
Tamworth ALEC Centre
28th March – 3rd June
Contemporary Art Expo
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